

Your  
Hometown  
Meals on  
Wheels



The home delivered meal program provides a nutritious

meal to seniors who are homebound and unable to drive, due to illness or disability. These services are designed to maintain or improve health, support an individual's independence and to prevent unnecessary nursing home care.

The meals are delivered by both volunteers and paid drivers. Most often, the interaction between the person delivering the meal and the meal recipient is equally as valuable as the meal itself.

Persons in need of a home delivered meal should contact our office at: **1.800.552.3662\***

Home delivered meals are funded through a variety of funding sources, depending on the individual's status. Our Nutrition Representative will be able to discuss this information with you in detail.

*\* Your initial call will generate an intake process. You will be contacted later by a Nutrition Department Representative to set up meal days and times for delivery, as funding is available.*

AIHS Office Hours  
Monday-Friday  
8 a.m. - 4:30 p.m.

The Nutrition Program is Provided by:



Offering Hope Through  
Caring Connections

Aging and In-Home Services  
of Northeast Indiana, Inc.

...WITH OUR MISSION,  
WE PROVIDE SUCCESS.

The mission of Aging and In-Home Services of Northeast Indiana, Inc. is to promote dignity, independence, and advocacy for all older adults and persons with disabilities.

Serving Adams, Allen, DeKalb, Huntington, LaGrange, Noble, Steuben, Wells, and Whitley Counties in northeast Indiana.



We are a 501(c)(3) private, not-for-profit organization providing all services without regard to race, age, color, religion, sex, disability, national origin or ancestry. Contributions are deductible for charitable income tax purposes.

AIHS is a member of the Indiana Association of Area Agencies on Aging (IAAAA).



Aging and In-Home Services  
of Northeast Indiana, Inc.

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# Nutrition Program

**AIHS**  
2927 Lake Ave.  
Fort Wayne, IN  
46805  
1.800.552.3662  
or 260.745.1200  
For Spanish, ask  
for extension 286.  
[www.agingihs.org](http://www.agingihs.org)

*Funded in part by  
Title III of the Older  
Americans Act*

## Lunch Bunch Cafe Sites

### Fort Wayne (Allen County)

#### Edsall House Apartments

310 W. Berry Street, Fort Wayne  
424-0494 Meal time: 11:30 a.m.

#### North Highlands Hi-Rise

2100 St. Mary's Avenue, Fort Wayne  
424-4094 Meal time: 11:15 a.m.

#### Tall Oaks Hi-Rise

7300 Decatur Road, Fort Wayne  
447-1886 Meal time: 11:30 a.m.

### Adams County

#### Riverside Center

231 E. Monroe Street, Decatur  
724-3683 Meal time: 11:30 a.m.

### DeKalb County

#### Heimach Center

1800 E. 7th Street, Auburn  
925-3311 Meal time: 11:30 a.m.

### Huntington County

#### LaFontaine Apartments

208 W. State Street, Huntington  
359-1915 Meal time: 11:30 a.m.

### LaGrange County

#### Country Place Apartments

215 W. South Street, LaGrange  
463-8861 Meal time: 11:30 a.m.

### Noble County

#### Lamplighter Apartments

240 Angling Road, Kendallville  
347-0284 Meal time: 11:00 a.m.

### Steuben County

#### Elliot Manor Apartments

617 N. Williams Street, Angola  
665-2932 Meal time: 11:30 a.m.

#### Brockville Commons

3160 E. Spring Street, Fremont  
495-1757 Meal time: 11:30 a.m.

#### Steuben County Council on Aging \*

317 S. Wayne Street, Angola  
668-3962 Meal time: 11:30 a.m.

### Wells County

#### Capri Apartments

1880 Capri Court, Bluffton  
824-2260 Meal time: 11:30 a.m.

### Whitley County

#### Whitley Senior Center

710 Opportunity Drive, Columbia City  
244-6068 Meal time: 11:30 a.m.

#### Blue River Apartments \*\*

904 Blue River Drive, Columbia City  
244-6068 Meal Time: 11:45 a.m.

\* *Open Monday through Thursday only*

\*\* *Open Tuesday and Friday only*



## Lunch Bunch Cafe

The Lunch Bunch Cafe is designed to provide those age 60 and over with a nutritious meal as well as the opportunity to gather

with their peers to enjoy fellowship and other activities of interest such as recreational, informational and educational programs. The meals are provided on a donation basis, with seniors asked to donate as they are able.

Seniors are encouraged to attend sites when they are able, to help reduce isolation and provide a link to other available social services and activities.

[A reservation must be made in advance to receive a meal. Please see our listing of meal sites to make your reservation.](#)

Nutrition services provide meals to older adults and disabled clients in the nine northeast counties of Indiana. Luncheon meals are provided daily, Monday through Friday, to both meal site and homebound participants.

All meals are planned and then reviewed by a registered dietician to assure that the meal components meet key nutrition standards for persons age 60 and over.